



Tuesday, 30 October 2018

# EMMAUS CATHOLIC PRIMARY SCHOOL

**“Authoring Our Own Future”**

## **Staffing Appointments**

I am pleased to announce the appointment of Brigitte O’Shea and Laura Hutchison to the Emmaus staff team. Brigitte, who has five years teaching experience, is currently teaching at St. Mary’s Primary School in St Kilda East. Laura has worked at Emmaus as a Learning Support Officer while completing her Bachelor of Education and currently teaches two days per week in Nyereeka. We look forward to welcoming both Brigitte and Laura as full time staff members in 2019.

## **School Improvement**

In 2019, Emmaus will engage in an important year in the School Improvement Cycle that is mandated by the Catholic Education Office of Ballarat. The focus in 2019 will be to reflect on the progress of the last four years, consider what has worked well and what could have been improved so that we are confident that we have an accurate picture of our current reality. Reflections are filtered through the five Key Aspects of the School Improvement Framework:

- **Catholic School Culture**
- **Community Engagement**
- **Leadership and Stewardship**
- **Learning and Teaching**
- **Wellbeing**

Once an accurate picture of our current reality is gained then areas to focus future improvement are named and then prioritised through an extensive process of consultation with staff and community members. Further information about the School Review and Validation Process will be shared at the November Community Leadership Team Meeting.

## **Sacramental Celebration**

Last Wednesday just over forty of our students celebrated the Sacrament of Reconciliation for the first time. Families gathered at St. Alipius Church, shared their reflections on the notion of forgiveness and reconciliation and participated in the rituals that the Catholic Church uses to symbolise our life experiences of these concepts.

This marks an important stage in development for the students as they take more responsibility for their own actions and their response to the actions of others. We thank all families involved for your active participation and commitment.

We pray that the sharing of this experience supports all involved to grow as people of Faith Hope and Love.

**Tony Perkins, Principal**

# Notices

## Ballarat Show Day – Public Holiday

Just a reminder that next **Friday, 9<sup>th</sup> November** is Ballarat Show Day.

There will be no school this day.

## Remembrance Day 2018



The President and members of the Buninyong RSL Sub - Branch have once again invited our school to participate in the Remembrance Day service on **Sunday, 11<sup>th</sup> November** at the Buninyong RSL Memorial Park at **10:45am**. This year marks the Centenary Remembrance Day service. Two school leaders will lay a wreath on behalf of our entire school community. Those who are attending from across the school and from any year level, are more than welcome to do so in school uniform and to stand as one. Please make contact with Jo O'Kelly if you have any further wonderings. [jokelly@emtclear.catholic.edu.au](mailto:jokelly@emtclear.catholic.edu.au)

## Working Bee Help Required

A working bee is planned for **Saturday, 17<sup>th</sup> November**. The focus of this working bee will be the tidying of the extended paddock area and old house site. The aim of the working bee will be to ensure a safe playground as we head towards the summer months as well as the opening up of more play space for further development given the planned relocation of the portable buildings. While the working bee is planned to run from 8.00 am until 12.00 noon your involvement may be for a portion of this time. We will be seeking the possible use of bobcats or similar, ride on mowers, lawn mowers, chainsaws, whipper snippers and general gardening equipment. Please consider your availability and respond accordingly via the CareMonkey form which will be sent to all families.

## School Fees

Emmaus Catholic Primary School is committed to supporting the needs of all school families. We are also obliged to address outstanding fee payments.

A reminder to families managing their school fees via EFT, cash or cheque payments we ask that regular payments are made and your account are finalised by **30<sup>th</sup> November 2018**.

As always, if your family is finding the payment of school fees difficult, please have a discussion with Tony.

If you have any queries regarding your fees, please do not hesitate to give Doris a call on 5330 2266 or email [admin@emtclear.catholic.edu.au](mailto:admin@emtclear.catholic.edu.au).

# Notices

## School Uniforms



Our supplier for School Uniforms is now INTERKNIT.

Address: 1004 Humffray St South, Mount Pleasant  
Phone: 03 5331 5533  
Email: sales@interknit.com.au  
Owners: Andrew & Kassie Blaszak

More information will be supplied in a CareMonkey later this week.

## Shopping Trip success

Many thanks to the six members from our community who supported our major fundraiser for the year.

Emmaus had a total of 16 guests who joined a group of 32 from Fed Uni Pipe Band. The joining of the two groups meant that the trip could go ahead.

A variety of outlets were visited and many great bargains were purchased. The Emmaus group spent just under \$6,000. The commission from that amount is approximately \$600, with another \$70 raised from a raffle on the day.

Overall, a successful and fun day out!

## CONGRATULATIONS!!!

We are pleased to announce that our dear friend Amy Edmends and her husband Allister, are expecting their first baby in April.

Congratulations Amy!

# Here is what's happening at Emmaus

## Games and Apps Challenge

Last Friday, 26<sup>th</sup> October, eight students from Mok-Borreeyn and Nyereeka travelled to Melbourne to represent Emmaus at the Victorian Games and Apps Challenge. The students had put a huge effort in to completing a design brief, a reflection iMovie and creating a game using the app Hopscotch prior to the day. Both groups chose to create a game focusing on teaching others about sustainability. The Mok-Borreeyn students' game 'Go Green!' focused on saving water, switching off lights, turning off taps and planting trees. The Nyereeka students' game 'Bin it to win it!' educated others about what goes in each of our school and home bins. Both groups did a wonderful job of representing our school by explaining their game idea to the many students and teachers who came to see it! They should be very proud of the way they represented our school and their impressive challenge entry!

Here are some of the students' Reflections on their favourite part of the day:

Getting to see the games and apps the other students had made (Ethan, Jack, Isabelle)

The train ride there as we didn't know what to expect and we were excited but a bit nervous (Joah, Bessie)

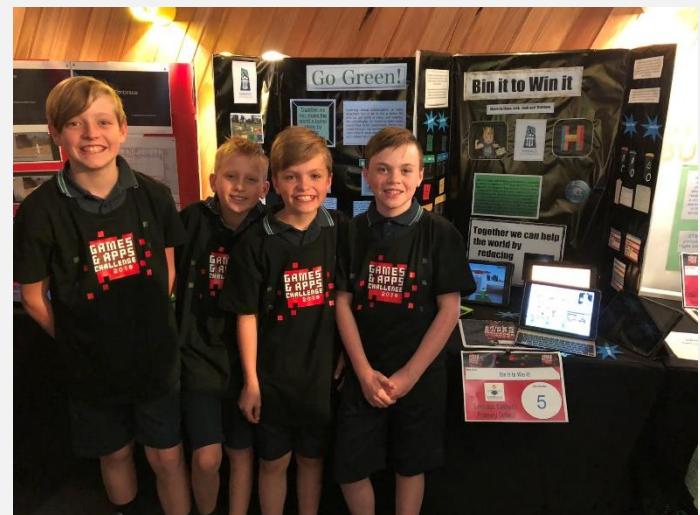
The train ride back (Matthew)

Visiting the Screen Worlds exhibition (Alexis, Flynn)



### **Mok-Borreeyn representatives:**

Isabelle Morse, Alexis Timms, Bessie Chadwick and Ethan Kuchel



### **Nyereeka representatives:**

Flynn Rivett, Jack Watt, Matthew Powell and Joah Henderson

# Here is what's happening at Emmaus...

## 2018 Karuta Competition かるた大会



On Monday, 29 October, twelve Nyereeka students represented Emmaus at the annual Ballarat Japanese Karuta Competition. Four teams of three students each played the Japanese card game Karuta against six other Ballarat Catholic Primary schools with Year 10 students from Loreto College assisting with the games. This is the third year Emmaus has been involved in the competition since it started in 2016. Each of the teams showed great concentration and skill playing the game and it was a wonderful reflection of the time and effort they all put into learning all 46 Karuta cards. Out of 28 teams, the four Emmaus teams came 2nd, 5th, 7th and 8th. All the students involved should be very proud of themselves and the effort they put into the competition.



### **Our Karuta team members:**

Alice Clark, Georgia Halstead, Charlotte Gibson, Zoe Newman, Lily Boyanton, Maja Czulij, Aoise Somers, Alyssa Birkett, Meg Jones, Ky Jans, Jack Lamanna and Blake Powell.

The students were also proudly wearing our new Emmaus Happi Coats. Happi coats are worn in Japan for festivals and celebrations. A huge thank you to Melissa (mother of Charlotte, Emily and Freddie) and Zoe Newman (Nyereeka student) for their help with the sewing of the Happi coats. Another thank you goes to Melissa for joining us yesterday and helping out at the Karuta competition.

# Sacrament of Reconciliation



Last week many of our students and families celebrated the Sacrament of Reconciliation at St. Alipius Church. This sacrament enables participants to seek forgiveness from God for times when we have hurt others. The children who have been baptised into the Catholic Church and presented for the Sacrament of Reconciliation, will now prepare for the Sacraments of Eucharist and Confirmation next year.

The sacraments are the first steps that a child takes in living out their baptism within the Christian community. The sacraments are not just something 'we receive', they are an expression of how we wish to live in relationship with God and with each other.



# Social Justice in Action at Emmaus

**Social justice: the equal access to wealth, opportunities, and privileges within a society.**

**How will we as a community contribute to equal access?**



Jake Sbardella graduated from Emmaus in 2017. Jake is the founder of the Happiness Advent Calendar. Jake has a goal in 2018 to donate an incredible \$10,000 to homeless charities.

To allow some perspective, Jake began his fundraising quest two years ago and is so close to his goal. Let's help him get there!!

His calendars can be purchased from the main office for \$15. You can see them in the image with his dog Benji.

The calendar comes in a plastic case that stands so that you can count down the days until Christmas and each day reflect on a quote relating to happiness.

More deliveries from our community were delivered to the Soup Bus over the weekend.

You are more than welcome to continue leaving food in the baskets in our social justice space and we will deliver. You may also consider taking your family up there some time for your children to deliver and to meet some of the volunteers. They are truly inspirational and a pleasure to unload food alongside.

Donation times where volunteers are present are the 1st and 3rd Wednesdays of each month between 9:30am and 11am and the 1st and 3rd Saturday of each month from 9:30am - 11am behind the Men's Shed in Ballarat East on Fussell St.



On **Tuesday, November 6th** all students at Emmaus will have the opportunity to purchase a cupcake made by Emmaus Yr 5 students and Damascus College Yr 10 students. All money raised will be donated to Damascus College's East Timor sister school. Gluten free cupcakes will be available. There will also be a Dairy Free option to purchase on the day.

Cupcakes will cost \$1 to purchase.

# Social Justice in Action at Emmaus...

The Tabitha Foundation encourages volunteer house building teams to travel to Cambodia to build houses for Cambodians living in poverty. Without the safety of a home and clean water, many children will never make it to school.

In July 2019, four Emmaus families will travel to Cambodia to embark on a project to build houses with other volunteers involved in the Tabitha Foundation. The McKenzie, Lamanna, McCann and Gosney families have a goal to raise \$12,000.

To date they have raised \$10,000.



Let's as an Emmaus community support their fundraising efforts. We invite your children on Thursday November 22nd to come to school dressed as someone involved in building a house. We invite you to contribute a gold coin donation on this day that will be gifted to these families to support their project. This date has been added to the school calendar on our website and a CareMonkey eForm will accompany this message later this week.

## REMINDERS OF HOW YOU CAN MAKE A DIFFERENCE...

- Enter The Ballarat Foundation "Run for a Cause":  
<https://www.registernow.com.au/secure/RegistrationType.aspx?E=31384&G=69143>
- Place a monetary donation in the Teddy Bear jar for Berry Street care packs  
So far \$45 has been donated.
- Support Ballarat City Football Club's program. To donate go to:  
<http://ASF.org.au/projects/ballarat-city-football-club/>
- Donate a suit or formal dress to the #dressesforthedrought campaign.
- Participate in Ailish Ryan's Sunshine Letters Campaign
- Donate books to the Uniting Care Book Fairs to raise funds to feed local marginalised and homeless within our community
- Purchase Emmaus chicken eggs at the Front Office. \$2 for half dozen, \$4 for a dozen - money donated to our Social Justice commitments
- Donate non-perishable food items for The Soup Bus.
- Donate to Eureka Mums. See the link below for further details of what is currently required. <https://www.eurekamums.org/pages/donate-things>
- Remind your children that 'Let's Get Just!' is an opportunity to discuss all things social justice occurs in Nyereeka 1 every Thursday from 1pm - 1:20pm.

**ALL OF THE ABOVE CAN BE LEFT IN THE SOCIAL JUSTICE SPACE IN THE MAIN ENTRANCE**

# *Prayers & Reflections*

**Dear Loving Father**

**As we find ourselves in the busyness of term four we ask for help.**

**Please help us to manage our time and energy.**

**We choose to pause and breath, to wait for peace and a new perspective.**

**We seek a change in our thoughts and feelings.**

**Please help us remember the important things.**

**Thank you Father that we can ask for what we want and you know what we need.**

**Amen**

# Counsellor's Corner

- Misty Duncan -



Chores... when thinking about chores what comes to mind? What does your child think of the word 'chores'? Who does the chores in your house - is it just Mum, just Dad, the children or a combination of them all? How much does your child contribute to the house hold tasks that we call chores?

Chores or household tasks exercise children's organisational muscles, in particular their time management muscle. When assigning chore make sure all kids have chores to do that are suitable for their age and stage of development. If you are just starting out with assigning tasks to your child, perhaps start off by choosing two or three for the week and increasing it as you go. Below I have included a list of responsibilities suitable for kids at different ages, please note this is a guideline, please take in to consideration your child's abilities and maturity.

<b><u>3 years old</u></b>	<b><u>4 years old</u></b>	<b><u>5 - 6 year old</u></b>
<ul style="list-style-type: none"><li>1. Pick up toys after use</li><li>2. Stack magazines and papers in their storage place</li><li>3. Undress and dress self with help</li><li>4. Wipe up spills</li><li>5. Clear table and put dishes on the bench</li><li>6. Carry clean clothes to cupboards</li><li>7. Put scraps in the rubbish bin</li></ul>	<ul style="list-style-type: none"><li>1. Set the table with help</li><li>2. Stack dishes in the dishwasher</li><li>3. Collect the mail</li><li>4. Make the bed</li><li>5. Prepare their own cold cereal</li><li>6. Help with simple cooking</li><li>7. Tidy living areas</li></ul>	<ul style="list-style-type: none"><li>1. Make own sandwich and clean up</li><li>2. Answer the phone</li><li>3. Feed pets and keep area clean</li><li>4. Pay for some purchases</li><li>5. Sort and tidy cutlery and kitchen utensils</li><li>6. Help with planning and grocery shopping</li><li>7. Set the table</li></ul>
<b><u>7 - 8 years old</u></b>	<b><u>9 - 10 years old</u></b>	<b><u>11 - 12 years old</u></b>
<ul style="list-style-type: none"><li>1. Prepare own school lunch</li><li>2. Take their pet for a walk</li><li>3. Take care of their own bike and outdoor toys</li><li>4. Fold and store clean laundry</li><li>5. Run errands for parents</li><li>6. Take phone messages and write them down</li></ul>	<ul style="list-style-type: none"><li>1. Operate the washing machine and dryer</li><li>2. Change own bed and put out laundry</li><li>3. Wash the car</li><li>4. Learn to bank and use money responsibly</li><li>5. Make tea and coffee</li><li>6. Help prepare shopping list</li><li>7. Cook simple meals</li></ul>	<ul style="list-style-type: none"><li>1. Travel on public transport</li><li>2. Plan own parties</li><li>3. Vacuum the house</li><li>4. Cook and prepare an evening meal for the family</li><li>5. Feed and bathe younger siblings</li><li>6. Put younger siblings to bed</li><li>7. Help in routine maintenance around the house</li></ul>

## Teenagers

1. Contribute to household responsibilities such as cooking, cleaning their own room.
2. Delegate an area of responsibility for them to look after e.g. feeding and walking a dog, weekly garbage, wood for a wood heating system.
3. Cook a meal at least once a week.
4. Make and organise own lunches.
5. Organise own travel arrangements for hobbies, sports and outside interests.
6. Organise own financial arrangements such as banking, investing and spending money.
7. Take responsibility for clothing purchases within an agreed allowance or limit.

# Counsellor's Corner...

## Sure-fire tips to getting kids to help.

Here are some ideas to keep in mind as you develop your family into a team of helpers:

1. Give children realistic jobs rather than task that simply keep them busy. Kids can sense it when parents give them jobs to keep them busy. Make sure the jobs you give make a real contribution to their own the family's well-being.
2. Balance the personal chores with family jobs. Involve children in choosing their jobs. Rotate the unpleasant tasks frequently.
3. Give children realistic jobs rather than task that simply keep them busy. Kids can sense it when parents give them jobs to keep them busy. Make sure the jobs you give make a real contribution to their own the family's well-being.
4. Balance the personal chores with family jobs. Involve children in choosing their jobs. Rotate the unpleasant tasks frequently.
5. Place the more arduous or difficult tasks on a roster. The children can refer to it when needed, which takes the load off you and removes the need to remind them.
6. Use grandma's principle\* to ensure their helping jobs are done. That is, make sure jobs are completed before mealtimes and pleasant activities such as watching television.
7. Avoid doing jobs for children. When children get the message that no one will do their jobs for them they will be more likely to help out.
8. Show your appreciation for their help. Let them know that their contribution to the family is valued. If you do it often enough they may even show their appreciation for your help in return!
9. Make sure they do the whole job, not half a job. Don't accept half-hearted efforts or half-completed jobs. If you think your child is capable of putting the cat food back in the fridge and placing the spoon in the dishwasher then insist that he or she does the whole job. That is what is valued in the world of work, which they will eventually enter.
10. Rebrand the term 'chore' as 'help'. The term 'chore' definitely has an image problem. Mention the word and children turn up their nose in horror. Use the term 'help' as it is easier on the ear and really does indicate what you want from your kids.

\*Grandma's principle – putting activities in the right order. You get the bad things (making your bed) out of the way before you do the good things (watching TV or playing games).

Keep in mind:

1. Separate helping at home from pocket money. Expect them to help without being paid.
2. Children can do a mixture of self-help activities and family jobs.
3. Use rosters to place responsibility onto children to remember.

**Mindset: Students Motivation, Resilience and Learning Success  
Parent Information Session**



It is with great pleasure that we invite you to attend our upcoming Parent Information Session with Lorraine Davies. The focus of the evening will be: **Mindset: Students Motivation, Resilience and Learning Success**.

*Does your child fear making mistakes - anxious about having a go incase they get it wrong?*

*Does your child look for praise or approval for even the simplest achievements?*

*Does your child lack motivation or resilience?*

Mindset is a simple idea discovered by world-renowned motivation expert Dr. Carol Dweck of Stanford University. Steeped in decades of research on achievement and success, discover how a growth mindset creates motivation, resilience and learning success for your child.

Lorraine Davies is the founder of Mindset Mastery and a Victorian based affiliated partner with Mindset Works, the company co-founded by Carol Dweck and her colleagues. A former teacher, Lorraine is a growth mindset consultant with a passion for students' learning success. Renowned for her down to earth, warm speaking style, Lorraine delivers rich content and cutting edge insight.

**The parent session will be held on Wednesday November, 7th from 6:30-8:00pm in Wayaperrri.**

We ask you to **confirm** your attendance by emailing [admin@emtclear.catholic.edu.au](mailto:admin@emtclear.catholic.edu.au)  
Please list how many adults will be attending.

If you have any further questions please email Georgia at [gcann@emtclear.catholic.edu.au](mailto:gcann@emtclear.catholic.edu.au)

Georgia, on behalf of the staff team.

### **Skoolbag App**

Emmaus utilise the Skoolbag Mobile App as a form of communication. The App works through both smart phones and smart devices (such as iPads and Android tablets). The Skoolbag App enables us to send notifications and post newsletters and other documents. The event calendar will sync daily with our school google calendar ensuring it is always up to date with school events.

The Skoolbag App enables parents to notify the school of student absences via an 'Absentee Note'. It also allows parents to update personal details such as a change of address or telephone number.

To download the Emmaus Skoolbag App to your phone or other electronic device please follow the directions at: <http://www.emtclear.catholic.edu.au/skoolbag-app>

# Write-Along



## CERTIFICATE OF EXCELLENCE

Awarded To

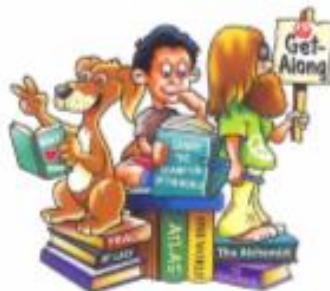
EMMAUS CATHOLIC  
PRIMARY SCHOOL

For Outstanding Student Achievement  
in the Write4fun 2018 Schools  
Writing competition.



*Julia Woods*  
Julia Woods  
MANAGING EDITOR

write  
4fun.net



# Important dates for Term 4, 2018

Please refer to our website calendar for all school event dates.  
<http://www.emtclear.catholic.edu.au/calendar>

Monday 29 <sup>th</sup> October	Nyereeka Bike Education (29 <sup>th</sup> October – 2 <sup>nd</sup> November)
Monday 5 <sup>th</sup> November	Whole School Liturgy – Mok-borreeyn Led 9.10 am
Wednesday 7 <sup>th</sup> November	Lorraine Davies - Mindset Parent Information Session 6.30 pm - 8.00 pm Held in Wayaperri. All Welcome.
Friday 9 <sup>th</sup> November	Ballarat Show Day – Public Holiday
Monday 12 <sup>th</sup> November	Whole School Liturgy – Nyereeka Led 9.10 am
Tuesday 13 <sup>th</sup> November	Community Leadership Team Meeting 7:30 pm – 9:00 pm
Thursday 15 <sup>th</sup> November	Foundation Orientation Session 9.15 am – 11.15 am
Saturday 17 <sup>th</sup> November	Working Bee 8:00 am – 12:00 pm
Monday 19 <sup>th</sup> November	Whole School Liturgy – Kanamo Led 9.10 am
Monday 26 <sup>th</sup> November	Whole School Liturgy – Vornda Led 9.10 am
Thursday 29 <sup>th</sup> November	Whole School Orientation Session 9.15 am – 12.00 pm
Thursday 6 <sup>th</sup> December	Carols in the Paddock 5.30 pm – 7.30 pm
Tuesday 11 <sup>th</sup> December	Annual General Meeting - Community Leadership Team Meeting 7:30 pm – 9:00 pm. More details to come.
Thursday 13 <sup>th</sup> December	Year 4 Sleepover
<b>Friday 14<sup>th</sup> December</b>	<b>Year 6 Fun Day</b>
Tuesday 18 <sup>th</sup> December	Year 6 Graduation 7.00 pm – 8.00 pm
Thursday 20 <sup>th</sup> December	End of Term Mass 12.00 pm – 1.30 pm
<b>Thursday 20<sup>th</sup> December</b>	<b>END OF TERM 4 – 3:10 pm Finish</b>