

Newsletter

~Authoring Our Own Future~



Term 1, Week 9
26th March 2019

Dear Parents, Carers, Staff, Students and Friends,

With just under two weeks to go until the end of term I wonder where the time has gone! While still trying to work on my growth mindset I feel I haven't been able to achieve one of my most important goals - YET! The sheer number of people to meet and get to know and remember names has taken much longer than I first thought. Knowing and using people's names is for me a demonstration of respect and value so I am determined to achieve the goal - but no medal for this term's 'I can' statement. Please keep supporting me!

Over the past month Georgia and I have had the privilege of sharing information about the learning at Emmaus at our Open Mornings. This experience has helped me to consolidate my knowledge and understanding of the great strengths of our school and to acknowledge the amazing learning environment that is created by students and staff working together. We have so much to be proud of!

Last week students and staff expressed farewells and well wishes to Amy Edmends as she began her maternity leave. This term Amy has been a member of the Nyereeka team, supporting student learning and team processes. While Amy will be missed terribly we are excited to await the news of the precious addition to her family.

Next term we will welcome Kate Edmends and Sarah Popovski back to Emmaus. Kate and Sarah will both join the Nyereeka team. Kate will share the Level Leader role with Jo O'Kelly and Sarah will share the teaching of Nyereeka 1 with Andrea Molan.

Thanks for a great week!

Jo-Anne

Reminder: Jesus Final Hours—last day term

A reminder that there will be no Monday liturgies in the last week of Term 1 as we will celebrate Jesus' Final Hours as a whole school community on Friday, 5th April, 12 noon.





Third Sunday of Lent- Luke 13:6-10 Parable of the Fig Tree.

Reflection Opportunity: In the parable the owner says that the best thing to do would be to cut it down and plant a new tree. But what does the gardener say? Look after it. How would the gardener do that? What does it need? The gardener says he will prune it. What does that mean? The gardener will cut off the dead bits that aren't helping the tree. He will keep the strong and healthy parts so they will bear fruit next year. Will the plant improve by tomorrow or will it take a little time? The gardener is prepared to be patient.

We can think of ourselves as the tree and God is the gardener. Sometimes we need to cut off the parts in our life that aren't helping us to grow in God's ways. When we are selfish, when we hurt others, when we don't do the right thing, we are not growing in God.

We need to find the strong and healthy parts of us that help us to live happily with others. They are the parts that need nurturing so that they grow strong and true.

God shows us mercy and he is patient with us. He hopes that we will begin to bear the fruit he desires from us, to do the right thing, to turn back to him. He is very patient and continues to wait for us. Let us take a few minutes and think about the ways we can change our lives so that we can be the best person we can be.

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Community Celebration of Reconciliation

You are welcome to join the community celebration of Reconciliation on:-
Tuesday, 2nd April at 7.00 pm at St Alipius, Ballarat East or
Wednesday, 3rd April at 7.00 pm at St Peter & Paul's, Buninyong.



Third Sunday of Lent
24th March 2019



Peter goes to a boarding school in the Solomon Islands which has experienced water shortages for 60 years. Previously, students would have to walk kilometres each day in search of clean water, which was particularly challenging for Peter who is living with a disability. With Caritas Australia's support, the school has created a new reliable water system. With more free time and fewer illnesses caused by dirty water, Peter can fulfil his hope of focusing on his studies, providing him with brighter future.

Please donate to Project Compassion 2019 and help young people with disabilities gain access to clean water in the Solomon Islands, providing hope for a brighter future.

Lives change when we all give 100%. You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

PALM SUNDAY PRAYER AND REFLECTION FOR THOSE SEEKING ASYLUM
with the Melbourne Catholic community
1.00PM, SUNDAY 14 APRIL 2019

1.00pm Prayer and Reflection
1.30pm Pilgrim Walk to State Library
2.00pm Public Walk for Refugees
Light refreshments available from 12.30pm
Cathedral Room, Cardinal Knox Centre
383 Albert St East Melbourne
(enter via Lansdowne St Car Park)

Please RSVP to justice@cam.org.au for catering purposes

ALL WELCOME

Whoever turns refugees away,
forgets that Jesus was also one.
(Pope Francis)

WALK for 2019

JUSTICE for REFUGEES

For a Fair & Welcoming Society
Close Manus & Nauru - Bring Them Here

JUSTICE FOR REFUGEES

Palm Sunday, April 14
2pm State Library cnr Swanston & La Trobe Sts Melbourne

Music from 1.30pm, Speakers from 2pm including Behrooz Boochani (imprisoned refugee, activist, filmmaker & prize winning author) live from Manus, Nyadol Nyuon (lawyer, refugee & community advocate) Michele O'Neil (ACTU President) and interfaith panel. Walk from 2.45pm to Kings Domain for music by Melbourne Mass Gospel Choir and others
#justice4refugees



call Maria Hopkins 0409 252 873 or Chris Breen 0403 013 193 or visit www.refugeedemocracynetwork.org.au or www.facebook.com/palmundaywalk for more info

Social Justice

How can our community strive to be socially just?

Our social justice space in the main entrance is starting to fill with donations. Thank you! Please continue to support in any way that you are able.

A summary of reminders of how you can make a difference...

Below are ways that you might like to contribute if and when you are able...

- Donate pre-loved sporting clothing and equipment to the **Play it Forward Appeal**.
- Donate an **unused blanket** to support Bessie Chadwick's goal to collect 50 blankets from our community.
- Participate in Ailish Ryan's **Sunshine Letters Campaign** by writing a letter.
- Donate to **Eureka Mums** pre loved nursery equipment and children's clothes to size 12. Current requests include double prams, reversible car restraints and clothes up to size 12.
- Donate non perishable food items for **The Soup Bus**.
- Remind your children that '**Let's Get Just!**' an opportunity to discuss all things social justice, occurs weekly in the staffroom on Thursdays at 10:30am.

ALL OF THE ABOVE CAN BE LEFT IN THE LABELLED BASKETS IN SOCIAL JUSTICE SPACE IN THE MAIN ENTRANCE.

An appeal to collect pre-loved sporting clothing and equipment for children in East Africa.

WHAT TO DONATE

We are seeking donations of pre-loved sportswear and equipment in good condition.

Clothing including:

- Football shorts
- Football jumpers
- Football jerseys
- Football boots
- Runners

Equipment including:

- Shin pads
- Goal keeping gloves
- Soccer balls

We sincerely ask that donations are strictly limited to sportswear only - this is not an opportunity to get rid of that big bag of old clothes you've been meaning to take to the Salvos. We also ask that all items be washed and cleaned thoroughly before donation. If you have any questions about what to donate please don't hesitate to visit our website.

www.play-it-forward.com.au

Counsellor's Corner

Hello there Emmaus Community!

This week I am sharing the step ladder approach to supporting your child who might be anxious. It is a great approach to ease your child in pushing past apprehension, and overcoming some of their worries. I have used the raising children's net work resource from their website, where you can find more specific ideas on supporting your child with things like, social anxiety, separation anxiety and generalised anxiety!

The stepladder approach **works like this:**

- Start with a situation or thing that causes your child the least anxiety. Sometimes you might need to put your child in this situation a few times until she feels comfortable with it.
- Move on to another situation that makes your child feel a bit more anxious. Again, go through it a few times until your child can handle it. Practice is important.
- Work with your child to gradually master more challenging situations. By the end, you should be working together to tackle the situations your child finds most difficult.

When using the stepladder approach for anxiety in children, you can **encourage your child** by:

- Giving them lots of **praise** for achieving each step on the ladder.
- Using rewards as incentives for your child to move forward.

Rewards might include an extra book in the evening, more cuddle time with you, or a trip to the park. Make sure the reward matches the degree of difficulty – for example, give a big reward for the most difficult step.

The stepladder approach has several benefits for children:

- Children get used to facing the situations that make them anxious. This is better than avoiding them.
- Children face their fears and find out that they might not be so bad after all.
- Children get to use and practise the skills and techniques that they've developed for coping.
- Children get a great sense of achievement as they progress 'up' the stepladder.

<https://raisingchildren.net.au/toddlers/health-daily-care/mental-health/anxiety-stepladder-approach>

Congratulations



Congratulations to Fleur, Lachlan, Archie and Ollie who welcomed Peggy into their lives earlier this month. Peggy Bell Wilkie was born on the 9th of March and has very loving and helpful brothers.

Sacraments 2019

It is with great delight that we invite children who have been baptised into the Catholic Church and have celebrated the Sacrament of Reconciliation, to continue their faith journey by preparing for and celebrating the Sacraments of Eucharist and Confirmation. Generally, this will involve many of our current year four students who received the Sacrament of Reconciliation in 2018. Current year three students will prepare to receive the Sacrament of Reconciliation later this year.

Year 4 families - please prioritise the following dates :

Meeting 1 - Parent Workshop

Wednesday, 1st May 6:30 pm at Emmaus Primary

Meeting 2 - Parent/Child workshop

Wednesday, 8th May 6:30 pm at Emmaus Primary

Meeting 3 - Parent/Child workshop

Wednesday, 15th May 6:30 pm at Emmaus Primary

Celebrations of the Eucharist and Confirmation:

Saturday, 1st June - 6:00 pm St Alipius

Sunday, 2nd June - 9:00 am St Alipius

Sunday, 2nd June - 10.30 am Buninyong



For Year 3 families Reconciliation - please prioritise the following dates :

Meeting 1 - Parent Workshop

Wednesday, 18th September 6:30 pm at Emmaus Primary

Meeting 2 - Parents/Child Workshop

Wednesday, 9th October 6:30 pm at Emmaus Primary

Sacrament of Reconciliation

Wednesday, 23rd October 6:30 pm at St. Alipius Church

Important dates for Term 1, 2019

Please refer to our website calendar for all school event dates

<http://www.emtclear.catholic.edu.au/calendar>

Click on the Agenda tab at the top right of the calendar for an easy to read view of the monthly events.

Sports



Over the past couple of weeks, students represented Emmaus in two separate swimming events.

On the 8th of March, Finlay Reeve competed in the Sovereign and Eureka Division Swimming Championships in both Backstroke and Breastroke.

On the 20th of March, we had 14 students compete in the MDASA Primary Schools Encouragement Swimming Sports. This event was for students aged 9 and under who could swim 25m in either Freestyle or Backstroke.

The following students competed; Isabella Freckleton, Maya Preston, Lilah Rose Goodbourn, Callan Reeve, Paige Tuddenham, Niamh Wallbank, Charlotte Freckleton, Isabelle Brine, Hope Robinson, Ivy Sward, Matilda Goodbourn, Annabelle Reus, Iva Gazula and Polly Dawson. It was an amazing effort by all.



Are you looking to play Futsal?

We are currently looking for players in grades 2 & 3 to play futsal.

Games are played on Saturdays at Ballarat East Recreation Centre.

If your child is keen to get involved or you would like further information please contact *Lauren Rendell 0421151536*.

Emmaus Netball

Netball is set to resume in Term 2. We are looking for players for Year 3/4 and Year 5/6 teams. Games are either Tuesday or Wednesday nights at Llanberis Netball Centre. All prospective or returning players please contact Virginia Scanlon on 0438307216 after 5.00 pm.

Notices

Developing Parents' Digital Literacy and Tackling Cyberbullying

Damascus College presents this free community workshop discussing the strengths and challenges of navigating the online world as a young person. In-depth knowledge will be shared on major social media platforms and the issue of cyberbullying, while also providing a range of hot topics and strategies that parents, guardians and carers can use to support young people online. This session allows for an open Q&A at the end. Wednesday, May 1, 2019 from 7.00pm – 8.30pm at the John Shannon Centre. Book at www.damascus.vic.edu.au. [Click here for flyer.](#)

School Reunions

2019 Class Reunions: Loreto College Ballarat

Past students and staff of Loreto College Ballarat, Marys Mount and Dawson St are warmly invited to attend the following 2019 Class reunions:

- Class of 1969 Saturday 4 May, 11 am
- Class of 1979 Saturday 18 May, 11 am
- Class of 1989 Saturday 4 May, 4 pm
- Class of 1999 Saturday 18 May, 4 pm
- Class of 2009 Friday 3 May, 4 pm
- Past Pupils High Tea and Mass of Remembrance Wednesday 6 November, 2 pm
- Class of 2018 Friday 22 November, 4 pm

Full details and booking information:

<https://loreto.vic.edu.au/events-publications-media/loreto-event/>

2019 Class Reunions: Damascus College, Sacred Heart, St Paul's and St Martin's in the Pines

Past students and staff of Damascus College and its foundation colleges, Sacred Heart, St Paul's and St Martin's in the Pines are invited to celebrate the following reunions:

- Class of 1969 Sunday 24 March, 12.30 pm
- Class of 1979 Saturday 23 March, 2 pm
- Class of 2009 Friday 22 March, 6.30 pm

Full details and booking information:

www.damascus.vic.edu.au/past-students-reunions-events

An Emmaus Celebration of Mums, Nannas and Special Women!

On Friday 10th May we will celebrate all the special women in our lives. Breakfast will be served from 7.30—8.30 am in Wayaperri. Liturgy will begin at 9.10 am.

Details on activities that will occur throughout the morning will be shared in the coming weeks.

School Photos – Term 2, Week 2

Our school photos will be taken on Thursday, 2nd May 2019. **Children are to wear their full summer uniform, including woollen jumper.** Please note sports uniform is **NOT** to be worn.

Notices



Catholic School Parents Victoria

The Catholic School Parents Victoria publish a Newsletter each term.

Please visit the link below to view their newsletter:

<https://vcspb.schoolzineplus.com/streamnews?nid=6>

If you would like to subscribe to their newsletter or provide CSPV with feedback on State advocacy issues they are most welcome to do so via the subscribe or feedback button on our newsletter or send an email to secretary@cspv.catholic.edu.au.

'Buskers Festival 2019' - Save the date

The Busker's Festival is a celebration of music, dance and drama and this year includes performances split into junior and senior learning teams. Throughout the year students will begin to prepare some wonderful performance items for the evenings.

Foundation, Year 1, Year 2 : Tuesday, 17th September at Emmaus, 6.30 - 8 pm

Year 3, Year 4, Year 5, Year 6 : Thursday, 19th September at Emmaus, 6.30 - 8 pm

Early Dismissal—Last Day of Term

Please note that Friday 5th April, students will finish at 2.10 pm. Damascus finish at 2:20pm and the buses will run "as normal", just an hour ahead of schedule.

Advance Notice

Please note that Thursday 1st and Friday 2nd August will be pupil free days for all students to enable staff to attend a conference for all schools in the Central Zone of the Diocese of Ballarat. The theme of the conference is 'Fullness of Life for All' and will engage staff in dialogue, learning and collegiality to support our work in ensuring that all in our school communities can reach their potential.

Disabled Parking

Parents and visitors to our school are reminded to be mindful of the car spaces designated for disabled parking. Please be respectful of the families who require the use of these spaces. Thank you for your co-operation in this matter.



PADDOCK PLAY

Dear Parents and Families,

The staff and families at Emmaus Catholic Primary school have continually recognised the importance of extending learning philosophies beyond the classroom and into the outdoor environment. A significant aspect of learning focuses on the creative play environment within the paddock, which is available at both recess and lunchtime for all students.

Paddock play encourages students to use their imagination to play with different sets of resources including, pool noodles, tyres, milk crates, tarpaulins, wooden planks and various other objects. Although these might seem unusual play items, the idea is that they can be used in many different ways, allowing children to make anything from a pirate ship or castle to a bootcamp course or cubby house.

This type of play is an opportunity for children to:

- * Play freely with friends * Investigate * Discover * Explore * Create
 - * Use lots of trial and error to learn for themselves
- * Learn to make their own judgments about adventurous play and recognising safe limits

Staff and students continue to work together to introduce more components to the paddock loose parts and regularly discuss how to use the resources safely with all items checked on a regular basis for safety.



Natural objects

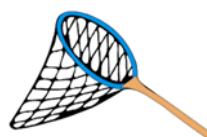
- Wooden pennies (slices of wood about 3 inches thick)
- Logs of different heights and widths
- A variety of lengths of wood
- Willow or hazel rods at least 1.5m long
- Sticks – various lengths
- Resources to enhance small world play, for example mini figures, dinosaurs and vehicles (cars, trucks)
- Steering wheels
- Computer keyboards
- Old clothes for dressing up, e.g. jacket suits, waistcoats, handbags
- Portable seats/ aluminium/ camping ones, gardening mats
- Horse saddles
- Old boat/canoe -fishing rods (**no tackle**)
- Beach umbrella
- Pool noodles
- Nets

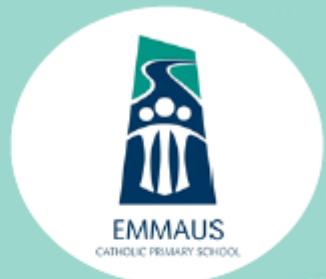
Man Made

- Barrel planters: for mixing and collecting
- Water butt or jerry cans with taps
- Sand play and maintenance – including sieves, buckets, spades, trowels, long handled sturdy brooms, brushes, rakes, pots, pans and oven trays etc.)
- Fire pit (temporary or permanent)
- Cardboard boxes – various sizes and shapes
- Leaves, feathers, shells, pine cones
- Quick drying materials such as organza, fleece blankets, shower curtains
- Tarpaulins (various sizes and colours - big, small, green, blue, white, transparent etc.)
- Milk and bread crates
- Wooden pallets – tough ones
- Cable drums or reels
- Tubes, guttering and funnels (plastic or bamboo), hose pipe, bore pipes, poly pipes
- Tyres – bicycle, motorbike and car
- Large shallow tray/tough buckets
- Wheelbarrow
- Old suitcases
- Baskets for collecting / transporting

Useful bits and pieces

- Velcro straps/duct tape, masking tape/pegs
- Fence clamps and hooks/big karabiners
- String, paracord, high vis guy ropes





EASTER RAFFLE

Welcome to our first fund-raiser for 2019.

We are asking each family to donate one item, such as an Easter egg, ornament or basket, to be used in the prize hampers for the Easter Raffle.

In previous years we have had a large number of prizes for the raffle. We will continue to have many prizes this year, and we also hope to donate a hamper to a local charity, selected by students in the social justice group.

The raffle will be drawn on Monday 1st April.

Please return all tickets and donations
by Wednesday 27th March 2019.

Please place donations on the table near the main office.

We sincerely appreciate your support!

~ Emmaus CLT fundraising team



Sovereign Knights Basketball Club Join the local family friendly club

The Sovereign Knights Basketball Club is looking for new players for the 2019 Championship season. The Season runs in Term 2 and 3 2019.

<https://www.facebook.com/SovereignKnights/>

Training is at **Damascus College** and most games are at the Ballarat Minerdome or Wendouree Netball Centres and are both one hour and less in duration each.

Please contact our coordinators (using email address below) for more information and/or if you are interested in filling a position at our club, we would love to have you!

Boys sboys@skbc.org.au

Girls girls@skbc.org.au



APRIL SCHOOL HOLIDAY PROGRAM

Monday 8th of April to Thursday 18th of April 2019
(excluding weekends & public holidays)

Eastwood Leisure Centre, Ballarat
8am to 5pm each day
Pre-School to Grade 6, boys & girls
\$40 (+ GST) per day (\$35 + GST per day for 5+ days)
Enrol online www.kellysports.com.au

Any queries call or text Paul on 0423 335 616



Base 1270

2019 VACATION CARE

DATES

8 to 12 April 2019

1 to 5 July 2019

23 to 26 September 2019

Bookings for April holidays now open

WHAT WE OFFER

- Outdoor & Indoor games
- STEM activities
- Excursions & Incursions
- Art & Craft
- Cooking & much more....

Visit:
<http://buninyongps.vic.edu.au/after-school-care/>
For more information

BENDED KNEE MUSIC FESTIVAL BUNINYONG 2019

MUSIC FESTIVAL

29&30 MARCH

BJ GILSON	BLUE LIMIT	HARDIES HILLBILLIES
SIMON CARROLL	DJANGO FRETTTS	SEAN KENAN AND GEOFF McARTHUR
GEOFF JONES	ARKIE T WILLIAMS	PETER ANDERSON & MEN O' THE HILL
NICK TREMBATH	SHANE GILBERT	FAMILY FUN! BUSH DANCE
THE INFUSERS	THE BOONDOCKERS	FRIDAY NIGHT!
BAR CHOIR	PAIGE AND THE VINLEYS	

FAMILY FRIENDLY
MARKET, WORKSHOPS,
INSTRUMENT MAKERS DISPLAY
THE COMMUNITY STAGE
BUSKING

BUY TICKETS ONLINE

WWW.BUNINYONGFESTIVAL.COM.AU/TICKETS

SPONSORED BY



net set go

Small Heroes. BIG Dreams.

Start date: BUNINYONG, Friday 3rd May

Time: 5pm-6pm

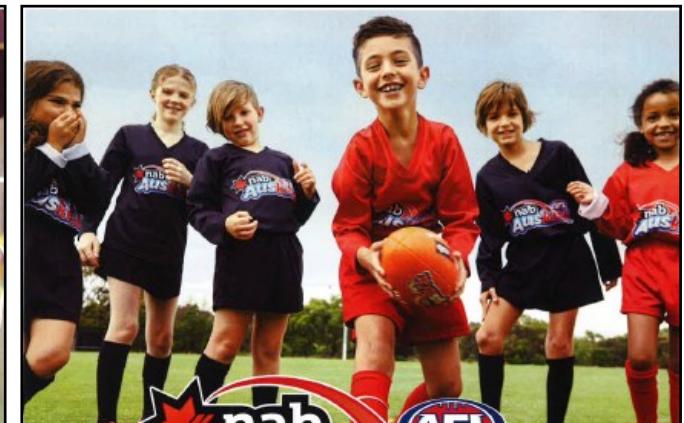
Length of program: 10 Week program

Cost: per Registration

Age group: 5yrs - 10yrs

CONTACT: Samantha Gent 0409 948 962

Register now: netsetgo.asn.au



nab AFL Auskick

Register Now!

Buninyong
Buninyong Football Club

Starts Friday 3rd May, 5pm -6pm, 10week program

Phil Wilson
0438 413 202

Visit play.afl/auskick